



dreamfoundation™

The Dream Journal

CELEBRATING YOU AND THE DREAMS YOU MAKE POSSIBLE!

Valentine's Edition
February
2026

Thanks to
Michele
with [Nikkels](#)
Photography for
capturing the
moment!



You gave this mother and daughter precious time in a special place

The love they share gave mom and daughter Jo-Ann and Brittany the strength to face some of life's hardest trials together. Your generosity helped them create Dream memories in a place they love.

Jo-Ann is a strong, intelligent, resourceful woman. That's according to Amara, her Social Worker at the Hospice of Santa Barbara, who is caring for Jo-Ann in her final months.

It was Amara who wrote to Dream Foundation on Jo-Ann's behalf, asking for help making Jo-Ann's final Dream come true.

In her letter, Amara shared that Jo-Ann "raised three children on her own," two of whom tragically died early.

Jo-Ann and her remaining daughter, Brittany, helped each other through their grief and loss. Brittany moved back in with Jo-Ann to help take care of her.

Make a special Valentine's gift of \$25 to help make a Dream come true.

Amara says, "They are a powerful, hilarious, loving dynamic duo. Supporting each other through the early deaths of both older children brought them closer."

Brittany was also there when Jo-Ann faced two previous bouts of breast cancer before doctors diagnosed her with metastatic cancer and gave her less than twelve months to live.

Amara shared, "They have been through many hardships together, but both remain positive."

When Brittany was young, Jo-Ann used to take her to [Sycamore Mineral Springs Resort & Spa](#), where they shared "some of the best times and most treasured memories," according to Amara.

For her final Dream, Jo-Ann dreamed of visiting the spa one last time with Brittany, so they could take some time to enjoy being together in a place that had brought them so much happiness.



The luxurious surroundings of Sycamore Mineral Springs Resort & Spa were the perfect escape.

Jo-Ann's Dream came true thanks to your compassionate generosity. Sycamore Mineral Springs Resort & Spa welcomed mother and daughter for an unforgettable two-night stay, and Michele with Nikkels Photography volunteered to capture the time they shared.

Dream Foundation's kind-hearted supporters also helped with expenses so they could just relax.

"Thank you so much for giving us this experience and time away from all the stress of everyday life, allowing us to just connect as mother and daughter."

- Brittany

Both Jo-Ann and Brittany were truly grateful for the kindness you showed them. "We had such a wonderful time!" says Jo-Ann. "Thank you so much!"



Facing heartbreak together brought Jo-Ann and Brittany closer.



Your February Veteran's Dream

A family trip for U.S. Army veteran John – because of you!

Love was all around when U.S. Army veteran John took his family for a memorable cabin stay in Hocking Hills, Ohio.

His special Dream was made possible by all of you who support Dream Foundation's Dreams for Veterans program.



John was deeply grateful for the chance to take a trip with his family.

Notestone Reserve welcomed the family as their guests at one of their stunning lodges in the heart of the woods.

John says, "We have made wonderful memories and have truly enjoyed nature and God's wonderful works."



U.S. Army veteran John shared tender moments with his beloved wife Audrey.

Thanks to Amy Rebecca Photography for capturing the moment.



Dreams for VETERANS

When you support Dream Foundation's Dreams for Veterans program, you're helping make Dreams come true for terminally-ill U.S. military veterans, active service members, and members of the Reserve and National Guard.

Learn more at dreamsforveterans.org

Welcome to your February Dream Journal!



Kisa Heyer

In your Valentine's edition of The Dream Journal, we're celebrating all kinds of love.

There's the kind of love that mother and daughter Jo-Ann and Brittany share, whose story you can read here. And there's the love that made U.S. Army veteran John want to be close to his family for his Dream.

There's also the love you show every person who turns to Dream Foundation for help in making their final Dreams come true.

It takes a very special kind of love to help someone you've never met. For Dream recipients, knowing that you and others like you care has as much impact as the Dream itself.

That's why everyone at Dream Foundation is sending you all our love this Valentine's Day.

With appreciation,

Kisa Heyer, CEO, Dream Foundation



Make a special Valentine's gift of \$25 to help make a Dream like Bob's come true.



Will you help?

Bob needs help with transportation, a place to stay, and expenses.

Bob was born into a 'very poor' family. As soon as he could, he went to work, toiling 70-90 hours a week in a factory where he inhaled toxic fumes until he was forced to quit after rupturing three discs in his back.

The toxins he'd been forced to breathe resulted in Bob being diagnosed with lung cancer in 2012. He had part of his lung removed. Other medical emergencies followed.

When Bob wasn't in the hospital, he volunteered with a local organization where he cleaned and repaired appliances and prepared food boxes for the hungry.

After being moved to palliative care, Bob wrote to Dream Foundation for help to visit Yellowstone National Park, a place he had "*desired to see for many years.*"

Bob needs help with transportation, a place to stay, and expenses.

Your generosity often helps someone who has devoted their life to helping others. Thank you for being there when they reach out for support.



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